

**MESABI RANGE COMMUNITY & TECHNICAL COLLEGE-VIRGINIA  
COURSE OUTLINE**

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**Course Title: Community CPR**  
**Quarter Course Prefix and Number: HLTH 104**  
**Semester Course Prefix and Number: HLTH 1458**

**Approval Date:**  
**Revision Date:**

**Number of Credits: 1**  
**Semester(s) Offered:**

**Number of Lecture Credits: 1**  
**Number of Studio/Discussion Credits:**

**Number of Lab Credits:**

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**Course Purpose Code:**

- 0 - Developmental Courses
- 1 - General Studies (Eveleth campus only)
- 2 - Technical course related to career programs
- 3 - College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)
- 4 - Other college course not considered a part of general education (MNTC) e.g. computer science, health, physical education
- 5 - Course which is intended to fulfill general education, Minnesota Transfer Curriculum (MNTC) requirements
- 9 - Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

**Catalog Description:**

This course will review the ABC's of emergency resuscitation with an emphasis on the development of the skills necessary to perform CPR, rescue breathing, and assist with airway obstructions on adults, children and infants.

**Prerequisites and/or recommended entry skills/knowledge:**

Course Prerequisite(s): None  
Reading Prerequisite: None  
Composition Prerequisite: None  
Mathematics Prerequisite: None

**Career Programs and Transfer Majors Accessing this Course:**

Nursing, teaching

**Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable:** (Notes: No more than two goals may be met by any one course. Curriculum Committee review and the Vice President of Academic Affairs approval are required).

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| 0. <input checked="" type="checkbox"/> None                                | 6. <input type="checkbox"/> The Humanities and Fine Arts     |
| 1. <input type="checkbox"/> Communications                                 | 7. <input type="checkbox"/> Human Diversity                  |
| 2. <input type="checkbox"/> Critical Thinking                              | 8. <input type="checkbox"/> Global Perspectives              |
| 3. <input type="checkbox"/> Natural Sciences                               | 9. <input type="checkbox"/> Ethical and Civic Responsibility |
| 4. <input type="checkbox"/> Mathematical/Logical Reasoning                 | 10. <input type="checkbox"/> People and the Environment      |
| 5. <input type="checkbox"/> History and the Social and Behavioral Sciences |  |

**Learning outcomes, including any relevant competencies listed in the Minnesota Transfer Curriculum:**

The will student:

- Learn to make appropriate first aid care decisions in sudden emergencies and accidents and to act on those decisions in a proper manner

**Possible student assessment methods:**

- Skill exams in Rescue Breathing, CPR, Splinting, Bandage %30
- Two written exams %70

**Use of instructional technology (include software, interactive video and other instructional technologies):**

Videos, CPR manikins

**A one-paragraph summary or outline of the major course content:**

Assessment and care of adult, child, infant, breathing and cardiac emergencies, soft tissue injuries, burns, sudden illness, poisons, heat and cold, bone and joint injuries.

**Additional special information (special fees, directives on hazardous materials, etc.)**

Special American Red Cross Fee required.

**APPROVALS:**

Body	Representative Signature	Date
Curriculum Committee		
Faculty Association		
Meet and Confer		
Vice President of Academic Affairs		

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