

MESABI RANGE COMMUNITY & TECHNICAL COLLEGE

Course Outline

Course Title: Studying in College
Semester Course Prefix and Number: LSK 1455
Old Quarter Course Prefix and Number: STSK 102

Submitted By: Sue Devereux
Approval Date:
Revision Date: 2/2/06

Number of Credits: 3
Semester(s) Offered: F/S
Class Size: 30
Negotiated by AASC on:
(date)

Number of Lecture Credits: 3
Number of Lab Credits: 0 **Number of Lab Hours:** 0
Number of Studio/Demonstration/Internship Credits: 0

Course Purpose Code:

- 0 – Developmental Courses
- 1 – Non-transferable
- 2 – Technical course related to career programs
- 3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)
- 4 – Other college course not considered a part of MNTC (e.g. computer science, health, physical education)
- 5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements or intended for transfer.
- 9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

Catalog Description:

This course offers strategies for successful learning and problem solving in college and beyond. Students consider how knowledge is constructed (how the brain works) and become aware of different levels of thinking and learning from recall evaluation. The course stresses how to determine one's own optimal learning styles and to use them to learn more effectively. Topics such as test taking, note taking, time management, problem solving and decision making will be studied in depth. The course emphasizes taking control of one's own education and educational directions.

Prerequisites and/or recommended entry skills/knowledge:

Course Prerequisite(s): none
Reading Prerequisite: none
Composition Prerequisite: none
Mathematics Prerequisite: none

Career Programs and Transfer Majors Accessing this Course:

This course increases success in both academic and career programs of all types.

Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable:

(Notes: No more than two goals may be met by any one course. Curriculum Committee review and the Chief Academic Officer's approval are required.)

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| 0. <input checked="" type="checkbox"/> None | 6. <input type="checkbox"/> The Humanities and Fine Arts |
| 1. <input type="checkbox"/> Communications | 7. <input type="checkbox"/> Human Diversity |
| 2. <input type="checkbox"/> Critical Thinking | 8. <input type="checkbox"/> Global Perspectives |
| 3. <input type="checkbox"/> Natural Sciences | 9. <input type="checkbox"/> Ethical and Civic Responsibility |
| 4. <input type="checkbox"/> Mathematical/Logical Reasoning | 10. <input type="checkbox"/> People and the Environment |
| 5. <input type="checkbox"/> History and the Social and Behavioral Sciences | |

Learning Outcomes: (including any relevant competencies listed in the Minnesota Transfer Curriculum)

Upon completion of this course, the student will be able to:

- Develop responsibility for their own learning in college
- Consider aspects of brain research in formatting personal learning strategies
- Improve ability to recall information
- Manage time more efficiently
- Improve retention by effective note taking
- Prepare for and take tests successfully
- Listen with comprehension
- Deal with stress
- View the brain as a human endowment to be trained and developed

Student Assessment Methods:

Bi-monthly use of CATS, self assessment surveys, written assignments, presentations, quizzes, exams, final reflection paper

Use of Instructional Technology: (includes software, interactive video and other instructional technologies):

Video series: "The Human Brain"

Additional Special Information: (special fees, directives on hazardous materials, etc.)

Students who test into 2 or more developmental areas will be strongly encouraged to take this course concurrently with their developmental coursework.

Transfer Information: (Please list colleges/majors that accept this course in transfer.)

Course Outline Revision History:

The purpose of this course is to provide students the opportunity to learn and adopt methods that promote their success in college and life. Instructors and students may select from the following topics:

Developing staying power, active/passive learning; critical & creative thinking; learning styles; memory Skills; time management skills; note taking; participating in class discussions; instructor relations; test Taking; oral and written presentations; managing stress, understanding diverse relationships, and the Functions of the human brain related to the learning process

Approvals:

Body	Representative Signatures	Date
Curriculum Committee		
Faculty Association		
Academic Affairs Standards Committee		
Chief Academic Officer		

Distribution: Original – Instructional Services
Copies: Transfer Specialist, Originating Faculty Member, Records
Revised: March 2010