

# MESABI RANGE COMMUNITY & TECHNICAL COLLEGE

## Course Outline

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**Course Title:** Introduction to Nursing

**Semester Course Prefix and Number:** NUNA 1211

**Old Quarter Course Prefix and Number:**

**Submitted By:** Kathy Bradach

**Approval Date:**

**Revision Date:** April 2014

**Number of Credits:** 3

**Semester(s) Offered:**

**Class Size:**

Negotiated by AASC on:  
(date)

**Number of Lecture credits:** 1

**Number of Lab Credits:** 2

**Number of Lab Hours:**

**Number of Studio/Demonstration/Internship Credits:**

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### **Course Purpose Code:**

0 – Developmental Courses

1 – Non-transferable

2 – Technical course related to career programs

3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)

4 – Other college course not considered a part of MNTC (e.g. computer science, health, physical education)

5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements or intended for transfer.

9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

### **Catalog Description:**

This course covers the introductory skills of nursing. The units of instruction include maintaining a safe and clean environment, communication, meeting basic human needs, providing personal care, activity and exercise, assisting with nutrition and elimination needs, and caring for clients with special equipment or procedures. The course teaches the student to be able to perform these skills in a long-term care or healthcare facility. Instruction is provided through lecture, video, and instructor demonstration. The students are given guided practice time in the lab then must give return demonstrations of the skills learned. The students will experience practical application of the skills learned by participating in a clinical experience at the end of the course.

### **Prerequisites and/or recommended entry skills/knowledge:**

Course Prerequisite(s): none

Reading Prerequisite: none

Composition Prerequisite: none

Mathematics Prerequisite: none

### **Career Programs and Transfer Majors Accessing this Course:**

Practical Nursing, Registered Nursing and other healthcare careers

**Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable:**

(Notes: No more than two goals may be met by any one course. AASC review and the Chief Academic Officer's approval are required.)

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|--|--|
| 0. <input checked="" type="checkbox"/> None                                | 6. <input type="checkbox"/> The Humanities and Fine Arts     |
| 1. <input type="checkbox"/> Communications                                 | 7. <input type="checkbox"/> Human Diversity                  |
| 2. <input type="checkbox"/> Critical Thinking                              | 8. <input type="checkbox"/> Global Perspectives              |
| 3. <input type="checkbox"/> Natural Sciences                               | 9. <input type="checkbox"/> Ethical and Civic Responsibility |
| 4. <input type="checkbox"/> Mathematical/Logical Reasoning                 | 10. <input type="checkbox"/> People and the Environment      |
| 5. <input type="checkbox"/> History and the Social and Behavioral Sciences |  |

**Learning Outcomes:** (including any relevant competencies listed in the Minnesota Transfer Curriculum)

Upon completion of this course, the student will be able to:

- Describe roles and responsibilities of the Nursing Assistant
- Describe principles of body mechanics and infection control
- Demonstrate proper safety and infection control techniques
- Identify and use effective communication techniques
- Discuss the responsibilities of record keeping
- Describe the basic human needs and identify coping mechanisms used with grief and loss
- Describe and identify skills associated with activities of daily living
- Describe principles of rehabilitation and restoration
- Demonstrate skills related to activity and exercise
- Discuss principles of nutrition and its effects
- Explain principles of bowel and bladder management programs
- Demonstrate skills for assisting with elimination
- Accurately obtain/measure and record vital signs and measurements
- Describe importance of the role within the interdisciplinary team
- Describe principles of mental health and behavior
- Demonstrate a professional attitude
- Identify organizational skills

**Assessment Methods:**

Written tests, skills check-offs, clinical training and assessment according to criteria set by the MN Department of Health

**Use of Instructional Technology:** (includes software, interactive video and other instructional technologies):

Videos, Mannequins, simulation equipment

**Additional Special Information:** (special fees, directives on hazardous materials, etc.)

Fees for certification testing

**Transfer Information:** (Please list colleges/majors that accept this course in transfer.)

**Affiliated Mesabi Range College Courses and Programs:**

**Nursing**

**Approvals:**

Body	Representative Signatures	Date
Faculty Association		
Academic Affairs Standards Committee		
Chief Academic Officer		

**Distribution:** Original – Instructional Services  
**Copies:** Transfer Specialist, Originating Faculty Member, Records  
**Revised:** December 2012