

# MESABI RANGE COMMUNITY & TECHNICAL COLLEGE

## Course Outline

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Course Title: Introduction to Home Health Aide  
Semester Course Prefix and Number: NUNA 1212  
Old Quarter Course Prefix and Number:

Submitted By: Kathy Bradach  
Approval Date:  
Revision Date: April 2014

Number of Credits: 1  
Semester(s) Offered:  
Class Size: 20  
Negotiated by AASC on:  
(date)

Number of Lecture credits: 1  
Number of Lab Credits:      Number of Lab Hours:  
Number of Studio/Demonstration/Internship Credits:

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### Course Purpose Code:

- 0 – Developmental Courses  
 1 – Non-transferable  
 2 – Technical course related to career programs  
 3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)  
 4 – Other college course not considered a part of MNTC (e.g. computer science, health, physical education)  
 5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements or intended for transfer.  
 9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

### Catalog Description:

This course covers the introductory skills of nursing. The units of instruction include maintaining a safe and clean environment, communication, meeting basic human needs, providing personal care, activity and exercise, assisting with nutrition and elimination needs, and caring for clients with special equipment or procedures. The course teaches the student to be able to perform these skills in a home environment. Instruction is provided through lecture, video, and instructor demonstration. This is an elective add on course to the 3 credit Nursing assistant course. At completion of this course- added to the 3 credit course, the student will be eligible to take the combination NA/HHA certification exam.

### Prerequisites and/or recommended entry skills/knowledge:

Course Prerequisite(s): NUNA 1211  
Reading Prerequisite: none  
Composition Prerequisite: none  
Mathematics Prerequisite: none

### Career Programs and Transfer Majors Accessing this Course:

Practical Nursing, Registered Nursing and other healthcare careers

### Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable:

(Notes: No more than two goals may be met by any one course. AASC review and the Chief Academic Officer's approval are required.)

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|--|--|
| 0. <input checked="" type="checkbox"/> None                                | 6. <input type="checkbox"/> The Humanities and Fine Arts     |
| 1. <input type="checkbox"/> Communications                                 | 7. <input type="checkbox"/> Human Diversity                  |
| 2. <input type="checkbox"/> Critical Thinking                              | 8. <input type="checkbox"/> Global Perspectives              |
| 3. <input type="checkbox"/> Natural Sciences                               | 9. <input type="checkbox"/> Ethical and Civic Responsibility |
| 4. <input type="checkbox"/> Mathematical/Logical Reasoning                 | 10. <input type="checkbox"/> People and the Environment      |
| 5. <input type="checkbox"/> History and the Social and Behavioral Sciences |  |

**Learning Outcomes:** (including any relevant competencies listed in the Minnesota Transfer Curriculum)

Upon completion of this course, the student will be able to:

- Describe roles and responsibilities of the Nursing Assistant in the Home setting
- Describe principles of body mechanics and infection control
- Demonstrate proper safety and infection control techniques
- Identify and use effective communication techniques
- Discuss the responsibilities of record keeping as applies to Home care
- Describe the basic human needs and identify coping mechanisms used with grief and loss
- Describe and identify skills associated with activities of daily living
- Describe principles of rehabilitation and restoration
- Demonstrate skills related to activity and exercise
- Discuss principles of nutrition and its effects
- Explain principles of bowel and bladder management programs
- Demonstrate skills for assisting with elimination
- Accurately obtain/measure and record vital signs and measurements
- Describe importance of the role in the care team and proper ways to contact supervisor from remote sites
- Describe principles of mental health and behavior
- Demonstrate a professional attitude
- Identify organizational skills

**Assessment Methods:**

Written tests, skills review

**Use of Instructional Technology:** (includes software, interactive video and other instructional technologies):

Videos, Mannequins, simulation equipment

**Additional Special Information:** (special fees, directives on hazardous materials, etc.)

Fees for certification testing

**Transfer Information:** (Please list colleges/majors that accept this course in transfer.)

**Affiliated Mesabi Range College Courses and Programs:**

**Nursing**

**Approvals:**

Body	Representative Signatures	Date
Faculty Association		
Academic Affairs Standards Committee		
Chief Academic Officer		

**Distribution:** Original – Instructional Services

**Copies:** Transfer Specialist, Originating Faculty Member, Records

**Revised:** December 2012