

MESABI RANGE COMMUNITY & TECHNICAL COLLEGE

Course Outline

Course Title: Introduction to Nursing
Semester Course Prefix and Number: NUNA 1215
Old Quarter Course Prefix and Number:

Submitted By: Kathy Bradach
Approval Date:
Revision Date: April 2014

Number of Credits: 4
Semester(s) Offered:
Class Size: 20
Negotiated by AASC on:
(date)

Number of Lecture Credits: 2
Number of Lab Credits: 2 **Number of Lab Hours:** 4
Number of Studio/Demonstration/Internship Credits:

Course Purpose Code:

- 0 – Developmental Courses
- 1 – Non-transferable
- 2 – Technical course related to career programs
- 3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)
- 4 – Other college course not considered a part of MNTC (e.g. computer science, health, physical education)
- 5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements or intended for transfer.
- 9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

Catalog Description:

This course covers the introductory skills of nursing. The units of instruction include maintaining a safe and clean environment, communicating information, meeting basic human needs, providing personal care (including activity and exercise), assisting with nutrition and elimination needs, obtaining/measuring vital signs, understanding mental health and social service needs, and caring for a client with special equipment or procedures. The course teaches the student to be able to perform these skills in a long-term care facility or in a home environment. Instruction is provided through lectures, video, and instructor demonstration. The students are given practice time in the lab and subsequently must give return demonstrations of the skills learned. The students will experience practical application of the skills learned by participating in client cares at the clinical site.

Prerequisites and/or recommended entry skills/knowledge:

Course Prerequisite(s): None
Reading Prerequisite: None
Composition Prerequisite: None
Mathematics Prerequisite: None

Career Programs and Transfer Majors Accessing this Course:

Practical Nursing, Registered Nursing, other medical careers.

Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable:

(Notes: No more than two goals may be met by any one course. AASC review and the Chief Academic Officer's approval are required.)

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| 0. <input checked="" type="checkbox"/> None | 6. <input type="checkbox"/> The Humanities and Fine Arts |
| 1. <input type="checkbox"/> Communications | 7. <input type="checkbox"/> Human Diversity |
| 2. <input type="checkbox"/> Critical Thinking | 8. <input type="checkbox"/> Global Perspectives |
| 3. <input type="checkbox"/> Natural Sciences | 9. <input type="checkbox"/> Ethical and Civic Responsibility |
| 4. <input type="checkbox"/> Mathematical/Logical Reasoning | 10. <input type="checkbox"/> People and the Environment |
| 5. <input type="checkbox"/> History and the Social and Behavioral Sciences | |

Learning Outcomes: (including any relevant competencies listed in the Minnesota Transfer Curriculum)

Upon completion of this course, the student will be able to:

- Describe the roles and responsibilities of the Nursing Assistant
- Describe the principles of body mechanics and infection control
- Demonstrate proper safety and infection control skills
- Identify and use effective communication techniques
- Discuss the responsibilities of record keeping
- Describe the basic human needs and identify coping mechanisms used with grief and loss
- Describe and identify skills associated with activities of daily living
- Describe principles of rehabilitation and restoration
- Demonstrate skills related to activity and exercise
- Discuss basic principles of nutrition and its effect on the elderly
- Explain the principles of bowel and bladder management programs
- Demonstrate skills for assisting with elimination
- Accurately obtain/measure and record vital signs
- Describe the importance of planning care and the role of the interdisciplinary team
- Describe the principles of mental health and behavior
- Demonstrate a professional attitude
- Identify organizational skills
- Perform learned skills at the clinical site in a safe, competent manner

Student Assessment Methods:

Written tests

Skills test-out in lab according to MN Department of Health criteria

Clinical training and assessment according to MN Department of Health criteria

Use of Instructional Technology: (includes software, interactive video and other instructional technologies):

Videos, mannequins, simulation equipment, PowerPoint

Additional Special Information: (special fees, directives on hazardous materials, etc.)

Fees for Certification Testing

Transfer Information: (Please list colleges/majors that accept this course in transfer.)

Affiliated Mesabi Range College Courses and Programs:

Nursing

Approvals:

Body	Representative Signatures	Date
Faculty Association		
Academic Affairs Standards Committee		
Chief Academic Officer		

Distribution: Original – Instructional Services

Copies: Transfer Specialist, Originating Faculty Member, Records

Revised: December 2012