

MESABI RANGE COMMUNITY & TECHNICAL COLLEGE – VIRGINIA/EVELETH

Course Outline

Course Title: Introduction to Recreation
Semester Course Prefix and Number: PHED 1419
Old Quarter Course Prefix and Number: PE 151

Submitted By: Phy. Ed. Dept.
Approval Date:
Revision Date: Feb. 2002

Number of Credits: 2 Number of Lecture Credits: 2
Semester(s) Offered: Number of Lab Credits: Number of Lab Hours:
Negotiated Class Size: Number of Studio/Demonstration/Internship Credits:

Course Purpose Code:

- 0 – Developmental Courses
- 1 – Non-transferable, General Education
- 2 – Technical course related to career programs
- 3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)
- 4 – Other college course not considered a part of general education (MNTC) e.g. computer science, health, physical education
- 5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements.
- 9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

Catalog Description:

This course provides an introduction to the field of organized recreation and leisure services. The course will examine the history of leisure and recreation as well as past and present trends.

Prerequisites and/or recommended entry skills/knowledge:

Course Prerequisite(s): None
Reading Prerequisite: None
Composition Prerequisite: None
Mathematics Prerequisite: None

Career Programs and Transfer Majors Accessing this Course:

Physical Education
Education
Recreation related fields

Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable: Notes: No more than two goals may be met by any one course. (Curriculum Committee review and the Chief Academic Officer's approval are required).

- 0. None
- 1. Communications
- 2. Critical Thinking
- 3. Natural Sciences
- 4. Mathematical/Logical Reasoning
- 5. History and the Social and Behavioral Sciences
- 6. The Humanities and Fine Arts
- 7. Human Diversity
- 8. Global Perspectives
- 9. Ethical and Civic Responsibility
- 10. People and the Environment

Learning outcomes, including any relevant competencies listed in the Minnesota Transfer Curriculum:

Student assessment methods:

- Written essays
- Topic papers
- Class presentations
- Tests

Use of instructional technology (includes software, interactive video and other instructional technologies):
None

Outline of the major course content:

- Basic concepts of play, recreation and leisure
- The history of recreation and leisure
- Racial and ethnic influences on leisure
- Gender, sex, and leisure lifestyles
- Sports in American life
- Arts and entertainment.

Additional special information (special fees, directives on hazardous materials, etc.)
None

Transfer Information: (Please list colleges/majors that accept this course in transfer.)

Approvals:

Body	Representative Signatures	Date
Curriculum Committee		
Faculty Association		
Meet and Confer		
Chief Academic Officer		

Distribution: Original – Administrative Office, Library, Learning Center, Records, Student Services, Curriculum Committee Chair