

MESABI RANGE COMMUNITY & TECHNICAL COLLEGE – VIRGINIA/EVELETH

Course Outline

Course Title: Intermediate Snowboarding
Semester Course Prefix and Number: PHED 1422
Old Quarter Course Prefix and Number: PE 103

Submitted By: Phy. Ed. Dept.
Approval Date:
Revision Date: Feb. 2002

Number of Credits: 1 Number of Lecture Credits:
Semester(s) Offered: Number of Lab Credits: 1 Number of Lab Hours:
Negotiated Class Size: Number of Studio/Demonstration/Internship Credits:

Course Purpose Code:

- 0 – Developmental Courses
- 1 – Non-transferable, General Education
- 2 – Technical course related to career programs
- 3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)
- 4 – Other college course not considered a part of general education (MNTC) e.g. computer science, health, physical education
- 5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements.
- 9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

Catalog Description:

This course will expand on basic snowboarding skills. This class will start at beginning parallel turns and will progress through advanced parallel turns. The class will meet at Giant’s Ridge Ski Resort, one day a week for eight weeks (2 hour sessions).

Prerequisites and/or recommended entry skills/knowledge:

Course Prerequisite(s): None
Reading Prerequisite: None
Composition Prerequisite: None
Mathematics Prerequisite: None

Career Programs and Transfer Majors Accessing this Course:

Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable: Notes: No more than two goals may be met by any one course. (Curriculum Committee review and the Chief Academic Officer’s approval are required).

- 0. None
- 1. Communications
- 2. Critical Thinking
- 3. Natural Sciences
- 4. Mathematical/Logical Reasoning
- 5. History and the Social and Behavioral Sciences
- 6. The Humanities and Fine Arts
- 7. Human Diversity
- 8. Global Perspectives
- 9. Ethical and Civic Responsibility
- 10. People and the Environment

Learning outcomes, including any relevant competencies listed in the Minnesota Transfer Curriculum:

The student will:

- Learn to control turns in varying radius and speed.
- Understand how to evaluate, adjust, and properly use equipment.
- Understand and apply safety procedures in snowboarding.
- Control board on difficult terrain and varying snow conditions.
- Understand how to get on and off the lifts safely.

Student assessment methods:

Attendance Standards

A - no absence, 2 assignments

B - 1 absence, 1 assignment

C - 2 absences, no assignment

D – limit of 3 absences

F - 4 absences

Optional Assignments

1. Journal

2. 20 hrs. snowboarding out of class

3. Skill test

4. Report

5. Art

6. Photography

Use of instructional technology (includes software, interactive video and other instructional technologies):

Outline of the major course content:

Beginning parallel turns

Medium radius turns

Dynamic parallel turns

Snowboarding the bumps

Control board on difficult terrain and varying snow conditions

Additional special information (special fees, directives on hazardous materials, etc.)

Lab fees cover the cost of the ski tow or must have a season ticket.

Students must own or rent equipment.

Transfer Information: (Please list colleges/majors that accept this course in transfer.)

Approvals:

Body	Representative Signatures	Date
Curriculum Committee		
Faculty Association		
Meet and Confer		
Chief Academic Officer		

Distribution: Original – Administrative Office, Library, Learning Center, Records, Student Services, Curriculum Committee Chair