

MESABI RANGE COMMUNITY & TECHNICAL COLLEGE – VIRGINIA/EVELETH

Course Outline

Course Title: Bowling
Semester Course Prefix and Number: PHED 1427
Old Quarter Course Prefix and Number: PE 106

Submitted By: Phy. Ed. Dept.
Approval Date:
Revision Date: Feb. 2002

Number of Credits: 1 Number of Lecture Credits:
Semester(s) Offered: Number of Lab Credits: 1 Number of Lab Hours:
Negotiated Class Size: Number of Studio/Demonstration/Internship Credits:

Course Purpose Code:

- 0 – Developmental Courses
- 1 – Non-transferable, General Education
- 2 – Technical course related to career programs
- 3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)
- 4 – Other college course not considered a part of general education (MNTC) e.g. computer science, health, physical education
- 5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements.
- 9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

Catalog Description:

Skills start at beginning level with much emphasis given to fundamental technique. The objective is to try to combine a well-rolled ball with consistent aiming. Knowledge of the sport as a whole should be acquired.

Prerequisites and/or recommended entry skills/knowledge:

Course Prerequisite(s): None
Reading Prerequisite: None
Composition Prerequisite: None
Mathematics Prerequisite: None

Career Programs and Transfer Majors Accessing this Course:

Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable: Notes: No more than two goals may be met by any one course. (Curriculum Committee review and the Chief Academic Officer's approval are required).

- 0. None
- 1. Communications
- 2. Critical Thinking
- 3. Natural Sciences
- 4. Mathematical/Logical Reasoning
- 5. History and the Social and Behavioral Sciences
- 6. The Humanities and Fine Arts
- 7. Human Diversity
- 8. Global Perspectives
- 9. Ethical and Civic Responsibility
- 10. People and the Environment

Learning outcomes, including any relevant competencies listed in the Minnesota Transfer Curriculum:

The student will:

Skill:

- To develop competent technique in approach, swing and delivery
- To learn to adjust to varying lane conditions
- To experience different deliveries and develop skill in the one that suits the individual

Knowledge:

- To understand the use of angle and direction in converting spares
- To learn how to find errors in their technique and know steps to correct them
- To have an understanding of the game rules, scoring and lore
- To know how to choose well fitting and suitable equipment

Attitude:

- To realize that for a beginner development of a sound technique for future development is more important than high scoring
- To avoid anger which only leads to further mistakes

Student assessment methods:

Attendance/participation

Use of instructional technology (includes software, interactive video and other instructional technologies):

Outline of the major course content:

- Practice on approach, delivery, and swing. Four step approach
- Experimenting with straight and hook deliveries
- Practice on correcting common spares
- Competition using handicap system
- Practice in score keeping

Additional special information (special fees, directives on hazardous materials, etc.)

Transfer Information: (Please list colleges/majors that accept this course in transfer.)

Approvals:

Body	Representative Signatures	Date
Curriculum Committee		
Faculty Association		
Meet and Confer		
Chief Academic Officer		

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