

# MESABI RANGE COMMUNITY & TECHNICAL COLLEGE

## Course Outline

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Course Title: Disc Golf  
Semester Course Prefix and Number: PHED 1430  
Old Quarter Course Prefix and Number:  
Submitted By: Bradley Scott  
Approval Date: February 2010  
Revision Date:

Number of Credits: 1  
Semester(s) Offered:  
Class Size: 24  
Negotiated by AASC on:  
(date)  
Number of Lecture Credits:  
Number of Lab Credits: 1  
Number of Lab Hours: 2  
Number of Studio/Demonstration/Internship Credits:

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### Course Purpose Code:

- 0 – Developmental Courses
- 1 – Non-transferable
- 2 – Technical course related to career programs
- 3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)
- 4 – Other college course not considered a part of MNTC (e.g. computer science, health, physical education)
- 5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements or intended for transfer.
- 9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

### Catalog Description:

The course offers the student the opportunity to develop basic skills for lifelong participation in disc golf. The purpose of this class is to present the playing skills, rules, and knowledge of the game of disc golf to the beginner in such a manner that he/she can develop skills to advance to the intermediate level.

### Prerequisites and/or recommended entry skills/knowledge:

Course Prerequisite(s): None  
Reading Prerequisite: None  
Composition Prerequisite: None  
Mathematics Prerequisite: None

### Career Programs and Transfer Majors Accessing this Course:

### Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable:

(Notes: No more than two goals may be met by any one course. Curriculum Committee review and the Chief Academic Officer's approval are required.)

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|--|--|
| 0. <input checked="" type="checkbox"/> None                                | 6. <input type="checkbox"/> The Humanities and Fine Arts     |
| 1. <input type="checkbox"/> Communications                                 | 7. <input type="checkbox"/> Human Diversity                  |
| 2. <input type="checkbox"/> Critical Thinking                              | 8. <input type="checkbox"/> Global Perspectives              |
| 3. <input type="checkbox"/> Natural Sciences                               | 9. <input type="checkbox"/> Ethical and Civic Responsibility |
| 4. <input type="checkbox"/> Mathematical/Logical Reasoning                 | 10. <input type="checkbox"/> People and the Environment      |
| 5. <input type="checkbox"/> History and the Social and Behavioral Sciences |  |

**Learning Outcomes:** (including any relevant competencies listed in the Minnesota Transfer Curriculum)

Upon completion of this course, the student will be able to:

The student will:

- Develop skills to participate in disc golf
- Explore strategies used in disc golf
- Develop an understanding of the rules of disc golf

**Student Assessment Methods:**

- Attendance
- Course quizzes
- Final exam

**Use of Instructional Technology:** (includes software, interactive video and other instructional technologies):

- Video instruction

**Outline or Statement of Major Course Content:**

An emphasis will be placed on developing playing skills and strategies for beginning disc golf students.

**Additional Special Information:** (special fees, directives on hazardous materials, etc.)

We have a wonderful disc golf course on the Mesabi Range CTC Virginia campus

**Transfer Information:** (Please list colleges/majors that accept this course in transfer.)

**Approvals:**

Body	Representative Signatures	Date
Curriculum Committee		
Faculty Association		
Academic Affairs Standards Committee		
Chief Academic Officer		

**Distribution:** Original – Administrative Office  
**Copies:** Curriculum Committee Chair, AASC Chair, Transfer Specialist, Originating Faculty Member, Scheduler, Records  
**Revised:** May 2009