

# MESABI RANGE COMMUNITY & TECHNICAL COLLEGE

## Course Outline

**Course Title:** Analysis of Sport - Football  
**Semester Course Prefix and Number:** PHED  
**Old Quarter Course Prefix and Number:**

**Submitted By:** Brad Scott  
**Approval Date:** January 2013  
**Revision Date:**

**Number of Credits:** 1      **Number of Lecture Credits:** 1  
**Semester(s) Offered:** Fall & Spring      **Number of Lab Credits:** 0      **Number of Lab Hours:** 0  
**Class Size:** 30      **Number of Studio/Demonstration/Internship Credits:** 0  
**Class Size:**  
Negotiated by AASC on:  
(date)

### Course Purpose Code:

- 0 – Developmental Courses
- 1 – Non-transferable
- 2 – Technical course related to career programs
- 3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)
- 4 – Other college course not considered a part of MNTC (e.g. computer science, health, physical education)
- 5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements or intended for transfer.
- 9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

### Catalog Description:

This course provides students with the basic principles of football coaching. This course is designed to prepare students for successful entry into the football coaching profession. Major emphasis will be placed upon position fundamentals, offensive/defensive strategies and preparation, practice organization, special teams and drills.

### Prerequisites and/or recommended entry skills/knowledge:

Course Prerequisite(s): None  
Reading Prerequisite: None  
Composition Prerequisite: None  
Mathematics Prerequisite: None

### Career Programs and Transfer Majors Accessing this Course:

Physical Education  
Education  
Recreation related fields

### Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable:

(Notes: No more than two goals may be met by any one course. Curriculum Committee review and the Chief Academic Officer's approval are required.)

- 0.  None
- 1.  Communications
- 2.  Critical Thinking
- 3.  Natural Sciences
- 4.  Mathematical/Logical Reasoning
- 5.  History and the Social and Behavioral Sciences
- 6.  The Humanities and Fine Arts
- 7.  Human Diversity
- 8.  Global Perspectives
- 9.  Ethical and Civic Responsibility
- 10.  People and the Environment

**Learning Outcomes:** (including any relevant competencies listed in the Minnesota Transfer Curriculum)

Upon completion of this course, the student will be able to:

1. Understand the rules of the game
2. Develop Game Strategies
3. Develop a coaching philosophy.
4. Identify Position Fundamentals.
5. Develop a basic knowledge of position drills.
6. Develop standard offensive and defensive sets.
7. Design and organize weekly practice schedule.
8. Outline the proper procedures of scouting.
9. Execute in-game management.
10. Execute a basic budget management
11. Outline the basic components of running a high school program.

**Student Assessment Methods:**

- Quiz's on rules of the game
- Portfolio
- Individual & Group Presentations
- Tests

**Use of Instructional Technology:** (includes software, interactive video and other instructional technologies):

None

**Additional Special Information:** (special fees, directives on hazardous materials, etc.)

None

**Transfer Information:** (Please list colleges/majors that accept this course in transfer.)

**Course Outline Revision History:**

**Approvals:**

Body	Representative Signatures	Date
Curriculum Committee		
Faculty Association		
Academic Affairs Standards Committee		
Chief Academic Officer		

**Distribution:** Original – Instructional Services  
**Copies:** Transfer Specialist, Originating Faculty Member, Records  
**Revised:** March 2010