

MESABI RANGE COMMUNITY & TECHNICAL COLLEGE – VIRGINIA/EVELETH

Course Outline

Course Title: Social and Ethical Aspects of Sport and Physical Activity

Submitted By: Tom Stackpool

Semester Course Prefix and Number: PHED 2425  
Old Quarter Course Prefix and Number:

Approval Date:  
Revision Date:

Number of Credits: 3      Number of Lecture Credits: 3  
Semester(s) Offered:      Number of Lab Credits:      Number of Lab Hours: 0  
Class Size: 30      Number of Studio/Demonstration/Internship Credits:  
Negotiated by AASC on  
(Date) \_\_\_\_\_

Course Purpose Code:

- \_\_\_\_\_ 0 – Developmental Courses
- \_\_\_\_\_ 1 – Non-transferable, General Education
- \_\_\_\_\_ 2 – Technical course related to career programs
- \_\_\_\_\_ 3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)
- X \_\_\_\_\_ 4 – Other college course not considered a part of general education (MNTC) e.g. computer science, health, physical education
- \_\_\_\_\_ 5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements.
- \_\_\_\_\_ 9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

Catalog Description:

This course will focus on the sociological and ethical aspects of sport and physical activity. This class will investigate the American value system of competition and sport. The social influences in the following areas will be examined: children, religion, interscholastic and intercollegiate sport, politics, race and gender issues.

Prerequisites and/or recommended entry skills/knowledge:

Course Prerequisite(s): None  
Reading Prerequisite: None  
Composition Prerequisite: None  
Mathematics Prerequisite: None

Career Programs and Transfer Majors Accessing this Course:

athletic training, sport management, fitness leadership, exercise science, corporate recreation, leisure management, physical therapy, adapted physical activity, health promotion, and teaching

Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable: Notes: No more than two goals may be met by any one course. (Curriculum Committee review and the Chief Academic Officer's approval are required).

- 0. x \_\_\_\_\_ None
- 1. \_\_\_\_\_ Communications
- 2. \_\_\_\_\_ Critical Thinking
- 3. \_\_\_\_\_ Natural Sciences
- 4. \_\_\_\_\_ Mathematical/Logical Reasoning
- 5. \_\_\_\_\_ History and the Social and Behavioral Sciences
- 6. \_\_\_\_\_ The Humanities and Fine Arts
- 7. \_\_\_\_\_ Human Diversity
- 8. \_\_\_\_\_ Global Perspectives
- 9. \_\_\_\_\_ Ethical and Civic Responsibility
- 10. \_\_\_\_\_ People and the Environment



**Learning outcomes, including any relevant competencies listed in the Minnesota Transfer Curriculum:**

1. Describe the sociological levels of sport.
2. Analyze the American value system as it relates to success and competition.
3. Discuss how children are socialized into sport and why they participate.
4. Debate the problems and controversies of high school and college sports.
5. Describe the economic benefits from sport,
6. Explain how sport influences social mobility.
7. Discuss racial discrimination in sport.
8. Identify the gender inequalities in sport.
9. Outline the demographic trends for sport in America.

**Student assessment methods:**

1. Written exams
2. Chapter Review Questions
3. Assignments including written essays
4. Independent/Small Group Projects
5. Journal

**Outline of the major course content:**

1. Sport Sociology Introduce the social issues that impact sport and physical activity.
2. Sport and Religion
3. Children and Sport
4. Social Problems and Sport
5. Sport and Politics
6. Sport and the Economy.
7. Social Stratification and Social Mobility and Sport
8. Racial-Ethnic Minorities in Sport
9. Gender and Sport
10. Current Trends in Sport and Physical Activity.

**Additional special information** (special fees, directives on hazardous materials, etc.)

Suggested Textbook: **Foundations of Sport & Exercise Psychology**. Weinberg & Gould. Human Kinetics.

**Transfer Information:** (Please list colleges/majors that accept this course in transfer.)

Bemidji State University – ***Exercise Science Major/Minor***

Pending: Minnesota State Moorhead – ***Exercise Science Major***

Pending: St. Cloud State University – ***Physical Education and Sport Science Major***

Pending: UM Duluth – ***Exercise Science Major***

Pending: UW Superior – ***Human Performance Major***

**Approvals:**

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