

# MESABI RANGE COMMUNITY & TECHNICAL COLLEGE

## Course Outline

**Course Title:** Freshman Year Experience

**Semester Course Prefix and Number:** PSYC 1415

**Old Quarter Course Prefix and Number:**

**Submitted By:** Sara Matuszak

**Approval Date:** April 2005

**Revision Date:** April 2009

**Number of Credits:** 1

**Semester(s) Offered:**

**Class Size:** 40

**Negotiated by AASC on:**  
(date)

**Number of Lecture Credits:** 1

**Number of Lab Credits:** **Number of Lab Hours:**

**Number of Studio/Demonstration/Internship Credits:**

### Course Purpose Code:

\_\_\_\_\_ 0 – Developmental Courses

\_\_\_\_\_ 1 – Non-transferable, General Education

\_\_\_\_\_ 2 – Technical course related to career programs

\_\_\_\_\_ 3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)

X \_\_\_\_\_ 4 – Other college course not considered a part of general education (MNTC) (e.g. computer science, health, physical education)

\_\_\_\_\_ 5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements or intended for transfer.

\_\_\_\_\_ 9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

### Catalog Description:

This course is designed to assist first year students to identify educational goals, career paths, and transfer options. In addition, the course will address social concerns that affect the first year student with the goal of promoting student success.

This course is mandatory for all new entering degree seeking students who are not enrolled in a technical program. Students transferring from another institution will be evaluated on a case by case basis.

### Prerequisites and/or recommended entry skills/knowledge:

Course Prerequisite(s): None

Reading Prerequisite: None

Composition Prerequisite: None

Mathematics Prerequisite: None

### Career Programs and Transfer Majors Accessing this Course:

Required for students pursuing an A.A. degree.

### Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable:

(Notes: No more than two goals may be met by any one course. Curriculum Committee review and the Chief Academic Officer's approval are required.)

0. \_\_\_\_\_ None

1. \_\_\_\_\_ Communications

2. \_\_\_\_\_ Critical Thinking

3. \_\_\_\_\_ Natural Sciences

4. \_\_\_\_\_ Mathematical/Logical Reasoning

5. \_\_\_\_\_ History and the Social and Behavioral Sciences

6. \_\_\_\_\_ The Humanities and Fine Arts

7. \_\_\_\_\_ Human Diversity

8. \_\_\_\_\_ Global Perspectives

9. \_\_\_\_\_ Ethical and Civic Responsibility

10. \_\_\_\_\_ People and the Environment

**Learning Outcomes:** (including any relevant competencies listed in the Minnesota Transfer Curriculum)

Upon completion of this course, the student will be able to:

- Articulate the correlation between personal responsibility/choices and how they affect college success.
- Develop a program of study to meet their needs based upon their chosen educational goals and career path.
- Articulate college policies and procedures as they relate to student responsibility and success.
- Demonstrate a clear understanding of transfer possibilities and procedures based upon desired transfer goals.
- Identify their learning style and how it affects success in college
- Acquire and apply study and test taking skills
- Explain safety procedures on campus
- Articulate the college's policy on sexual harassment

**Student Assessment Methods:**

Tests

Written Documents

Participation in discussions

Individual Academic Plan

Completed Registrations

Journal

**Use of Instructional Technology:** (includes software, interactive video and other instructional technologies):

Internet, PowerPoint, video, on-line career assessments, etc.

**Outline or Statement of Major Course Content:**

1—Introductions—Social Activity, Syllabus, Faculty Expectations

2—Policy/Code of Conduct

3—Campus Safety/College Involvement/Student Life/Scavenger Hunt

4—Values/Time Management

5—Learning Style/Study Skills

6—Test Taking Skills/Memory Strategies

7—Stress/Depression/Mental Health

8—Alcohol and Drug Use

9—STD's, Pregnancy, and Sexual Risk Taking

10—Interests, Choosing a Major/Career

11—MNTC, Transfer, Choosing a College—Uselectmn.org

12—Registration for next semester

13—Sexual Harassment

14—Money Management/Debt

15—Developing an Academic Plan—Final Project

16—Presentation of Final Project

**Transfer Information:** (Please list colleges/majors that accept this course in transfer.)

This course transfers as an elective course to most 4 year colleges/universities.

**Approvals:**

| Body                                 | Representative Signatures | Date |
|--------------------------------------|---------------------------|------|
| Curriculum Committee                 |                           |      |
| Faculty Association                  |                           |      |
| Academic Affairs Standards Committee |                           |      |
| Chief Academic Officer               |                           |      |

**Distribution:** Original – Administrative Office

**Copies:** Curriculum Committee Chair, AASC Chair, Transfer Specialist, Originating Faculty Member, Scheduler, Records, Student Services, Learning Center, Library

**Revised:** October 2006