

# MESABI RANGE COLLEGE

## Course Outline

**Course Title:** Introduction to Co-Occurring Disorders  
**Semester Course Prefix and Number:** PSYC 2575  
**Old Quarter Course Prefix and Number:**

**Submitted By:** Tym Petron  
**Approval Date:** Dec 2014  
**Revision Date:**

**Number of Credits:** 4      **Number of Lecture Credits:** 4  
**Semester(s) Offered:** Fall 40      **Number of Lab Credits:**      **Number of Lab Hours:**  
**Class Size:**      **Number of Studio/Demonstration/Internship Credits:**  
Negotiated by AASC on:  
(date)

### **Course Purpose Code:**

- 0 – Developmental Courses
- 1 – Non-transferable
- 2 – Technical course related to career programs
- 3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)
- 4 – Other college course not considered a part of MNTC (e.g. computer science, health, physical education)
- 5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements or intended for transfer.
- 9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

**Catalog Description:** Significant numbers of chemically-dependent individuals have one or more mental disorders. This introductory course is designed to help students become familiar with the most common mental disorders, the interrelationship between mental disorders and substance abuse as well as the various counseling methods and treatment approaches for the dually-diagnosed client.

### **Prerequisites and/or recommended entry skills/knowledge:**

Course Prerequisite(s): PSYC 2551 and either HLTH 1465, HSER 1465, or CDEP 1255  
Reading Prerequisite:  
Composition Prerequisite:  
Mathematics Prerequisite:

### **Career Programs and Transfer Majors Accessing this Course:**

Psychology, Human Service, Chemical Dependency, Nursing and Education

### **Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable:**

(Notes: No more than two goals may be met by any one course. AASC review and the Chief Academic Officer's approval are required.)

- |   |   |
|---|---|
| 0. <input type="checkbox"/> None  | 6. <input type="checkbox"/> The Humanities and Fine Arts                |
| 1. <input type="checkbox"/> Communications  | 7. <input type="checkbox"/> Human Diversity                             |
| 2. <input type="checkbox"/> Critical Thinking   | 8. <input type="checkbox"/> Global Perspectives                         |
| 3. <input type="checkbox"/> Natural Sciences  | 9. <input checked="" type="checkbox"/> Ethical and Civic Responsibility |
| 4. <input type="checkbox"/> Mathematical/Logical Reasoning                            | 10. <input type="checkbox"/> People and the Environment                 |
| 5. <input checked="" type="checkbox"/> History and the Social and Behavioral Sciences |   |

**Learning Outcomes:** (including any relevant competencies listed in the Minnesota Transfer Curriculum)

Upon completion of this course, the student will be able to:

1. Identify the characteristics of various mental disorders
2. Discuss the interrelationship between mental disorder and substance abuse
3. Identify appropriate treatment methods such as assessment, counseling approaches and medications used to help clients with dual disorders
4. Name community resources that help clients with dual disorders

**Student Assessment Methods:**

Quizzes, Tests, Discussions, Papers and Journals

**Use of Instructional Technology:** (includes software, interactive video and other instructional technologies):

D2L

**Additional Special Information:** (special fees, directives on hazardous materials, etc.)

**Transfer Information:** (Please list colleges/majors that accept this course in transfer.)

**Affiliated Mesabi Range College Courses and Programs:**

**Human Services, Chemical Dependency, Education and Nursing**

**Approvals:**

Body	Representative Signatures	Date
Faculty Association		
Academic Affairs Standards Committee		
Chief Academic Officer		

**Distribution:** Original – Instructional Services

**Copies:** Transfer Specialist, Originating Faculty Member, Records

**Revised:** December 2012