

MESABI RANGE COMMUNITY & TECHNICAL COLLEGE

Course Outline

Course Title: Human Relations
Semester Course Prefix and Number: SOC 1558
Old Quarter Course Prefix and Number: Soc 105

Submitted By: Sara Matuszak
Approval Date: March 2013
Revision Date: Feb 2013

Number of Credits: 3
Semester(s) Offered:
Class Size: 60
Negotiated by AASC on:
(date)

Number of Lecture Credits: 3
Number of Lab Credits:
Number of Studio/Demonstration/Internship Credits:

Course Purpose Code:

- 0 – Developmental Courses
- 1 – Non-transferable
- 2 – Technical course related to career programs
- 3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)
- 4 – Other college course not considered a part of MNTC (e.g. computer science, health, physical education)
- 5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements or intended for transfer.
- 9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

Catalog Description: Designed to introduce students to the breadth and depth of the field of human relations. Emphasis is on the processes of communication, problem solving, decision making, conflict and change as they occur in individuals, interpersonal, group and intergroup relations.

Prerequisites and/or recommended entry skills/knowledge:

Course Prerequisite(s): None
Reading Prerequisite: College level reading
Composition Prerequisite: College level writing; writing intensive
Mathematics Prerequisite: None

Career Programs and Transfer Majors Accessing this Course:

Human Services Program

Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable:

(Notes: No more than two goals may be met by any one course. AASC review and the Chief Academic Officer's approval are required.)

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|---|--|
| 0. <input type="checkbox"/> None | 6. <input type="checkbox"/> The Humanities and Fine Arts |
| 1. <input type="checkbox"/> Communications | 7. <input checked="" type="checkbox"/> Human Diversity |
| 2. <input type="checkbox"/> Critical Thinking | 8. <input type="checkbox"/> Global Perspectives |
| 3. <input type="checkbox"/> Natural Sciences | 9. <input type="checkbox"/> Ethical and Civic Responsibility |
| 4. <input type="checkbox"/> Mathematical/Logical Reasoning | 10. <input type="checkbox"/> People and the Environment |
| 5. <input checked="" type="checkbox"/> History and the Social and Behavioral Sciences | |

Learning Outcomes: (including any relevant competencies listed in the Minnesota Transfer Curriculum)

Upon completion of this course, the student will be able to:

1. identify basic principles of communication.
2. identify aspects of themselves that they may have kept hidden.
3. define self-disclosure, the shadow self, locus of control, and masks.
4. understand various personality styles and demonstrate ability to communicate with styles different than their own.
5. examine theories of emotion and identify strategies to control emotion.
6. analyze family influences in roles that are carried out by the individual.
7. identify the reciprocal relationships between individuals and groups: how each can modify the actions of the other.
8. demonstrate understanding of developing and maintaining close relationships including marriage and friendship.
9. identify healthy lifestyle behaviors.
10. identify self-defeating behavior patterns.
11. analyze change and loss through various life stages.
12. identify strategies for increasing happiness and joy.
13. identify components of good decision making.
14. create a plan to achieve life-satisfaction.

Student Assessment Methods:

Discussions, Quizzes, Final Exam, Final Project (Formula for Change Paper)

Use of Instructional Technology: (includes software, interactive video and other instructional technologies):

Additional Special Information: (special fees, directives on hazardous materials, etc.)

Transfer Information: (Please list colleges/majors that accept this course in transfer.)

Affiliated Mesabi Range College Courses and Programs:

Approvals:

Body	Representative Signatures	Date
Faculty Association		
Academic Affairs Standards Committee		
Chief Academic Officer		

Distribution: Original – Instructional Services
Copies: Transfer Specialist, Originating Faculty Member, Records
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