MESABI RANGE COMMUNITY & TECHNICAL COLLEGE - VIRGINIA/EVELETH

Course Outline

Course Title: Applied Acti Semester Course Prefix and Old Quarter Course Prefix an		Αp	ubmitted By: oproval Date: evision Date:	Kristi Sutton	
Number of Credits: Semester(s) Offered: Class Size: Negotiated by AASC on: (date)	3 Number of Lecture Number of Lab Cre 30 Number of Studio/D	dits: 0	Number of La n/Internship Cre		
Course Purpose Code:					
3 – College course whi 4 - Other college cours science, health, phy X 5 – Course which is int	General Education elated to career programs ch has the primary goal of a e not considered a part of go esical education ended to fulfill the Minnesota on/Customized Training spe fore basic acting concepts an and the nature of stepping into	eneral education Transfer Curricialized credit of the control of t	on (MNTC) e.g. coriculum (MNTC) course (not occuran awareness onts applying the contract of the course (not occurants)	requirements. arring in 0-5) If themselves, concepts of this	
Reading Prerequisite: N Composition Prerequisite: N	ended entry skills/knowled one one one one	lge:			
Career Programs and Transfer Majors Accessing this Course:					
Minnesota Transfer Curriculu than two goals may be met by a Officer's approval are required)	any one course. (Curriculum				
O. None 1. Communications 2. Critical Thinking 3. Natural Sciences 4. Mathematical/Logica 5. History and the Socia	I Reasoning al and Behavioral Sciences	6. X 7 8 9 10	The Humanities Human Diversit Global Perspec Ethical and Civi People and the	y tives c Responsibility	

Learning outcomes, including any relevant competencies listed in the Minnesota Transfer Curriculum:

Students will:

- Identify how stress affects them physically and mentally
- Identify the relaxation techniques that work for them personally
- Demonstrate effective relaxation techniques
- Identify emotional triggers
- Explain how they will use their actor's training to process and respond to emotional triggers
- Demonstrate their understanding of the connection between observable behavior and emotional state
- Demonstrate their ability to incorporate observed behavior into a scripted character
- Demonstrate their ability to manipulate their voices in order to inflect various emotional states
- Analyze a given character effectively for performance
- Demonstrate effective concentration techniques
- Develop a personal performance preparation technique

Student assessment methods:

- Students will complete various concept application exercises, in class and outside of class
- Students will respond to class lecture and/or the course text
- Students will complete larger assignments designed to help them synthesize course concepts

Use of instructional technology (includes software, interactive video and other instructional technologies): DVD's of performances for analysis and discussion

Outline of the major course content:

I: Self-awareness

- Awareness of body and movement
- Awareness of voice and voice control
- Awareness of emotional triggers
- Awareness of self-control

II. Awareness of Others

- Observing and interpreting physical movement
- Hearing and interpreting vocal quality and inflection
- Observing motivation and response
- Translating observation into character traits

III. Awareness of Actor's Discipline

- Relaxation techniques
- Concentration techniques
- Preparation techniques
- Performance techniques

IV. Developing a Character

- Reading the script
- Understanding character's history
- Understanding and accepting character's motivation
- Becoming a character

Additional special information (special fees, directives on hazardous materials, etc.)

Transfer Information: (Please list colleges/majors that accept this course in transfer.)

Approvals:

Body	Representative Signatures	Date
Curriculum Committee		
Faculty Association		
Academic Affairs and Standards Committee		
Chief Academic Officer		

Distribution: Original – Administrative Office

Curriculum Committee Chair, AASC Chair, Transfer Specialist, Originating Faculty member, Scheduler, Records, Student Services, Learning Center, Library

Revised: October 2006