MESABI RANGE COMMUNITY & TECHNICAL COLLEGE – VIRGINIA/EVELETH

Course Outline

Course Title:	**Career Explorations**	**Submitted By:**	
Semester Course Prefix and Number:	**PSYC 1457**	**Approval Date:**	
Old Quarter Course Prefix and Number:	**PSYC 106**	**Revision Date:**	**Feb. 2002**

Number of Credits:	**1**	**Number of Lecture Credits:**	**1**
Semester(s) Offered:		**Number of Lab Credits:**	**Number of Lab Hours:**
Negotiated Class Size:		**Number of Studio/Demonstration/Internship Credits:**	

Course Purpose Code:

_____ **0 –** Developmental Courses
_____ **1 –** Non-transferable, General Education
_____ **2 –** Technical course related to career programs
_____ **3 –** College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)
__X__ **4 -** Other college course not considered a part of general education (MNTC) e.g. computer science, health, physical education
_____ **5 –** Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements.
_____ **9 –** Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

Catalog Description:
In this course, students will learn the skills needed for effective career decision-making and life planning require skills. They will also explore their interests, values, and abilities, and how these relate to career choice. Techniques for researching occupations will be taught, as well as skills for effective decision-making and goal setting.

Prerequisites and/or recommended entry skills/knowledge:
Course Prerequisite(s): None
Reading Prerequisite: None
Composition Prerequisite: None
Mathematics Prerequisite: None

Career Programs and Transfer Majors Accessing this Course:
All

Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable: Notes: No more than two goals may be met by any one course. (Curriculum Committee review and the Chief Academic Officer's approval are required).

0. **X** None
6. _____ The Humanities and Fine Arts

1. _____ Communications
2. _____ Critical Thinking
3. _____ Natural Sciences
4. _____ Mathematical/Logical Reasoning
5. _____ History and the Social and Behavioral Sciences
7. _____ Human Diversity
8. _____ Global Perspectives
9. _____ Ethical and Civic Responsibility
10. _____ People and the Environment

Learning outcomes, including any relevant competencies listed in the Minnesota Transfer Curriculum:
The student will:

- Determine their strongest abilities, interests, and values, and will learn how these relate to current educational choices and future career plans
- Learn how to research and gather occupational information about the careers that best fit their interests, values, and abilities
- Have an opportunity to explore future job trends, and to learn which occupations are expanding or declining
- Learn and practice effective decision-making and goal-setting strategies that can be used now and in the future

Student assessment methods:

- Weekly Assignments
- Individual Project
- Final Examination

Use of instructional technology (includes software, interactive video and other instructional technologies):
Career Center resources

Outline of the major course content:

1. Exploring Self
    1. Career Expectations
    2. Campbell Interest and Skills Survey
    3. Rokeach Values Survey
    4. Lifestyle
2. Exploring Occupations
    1. World of Work--How Occupations are Organized
    2. Library Resources
    3. Interviews/Shadowing with local business people
3. Exploring the Future
    1. Future Job Trends
    2. Career Decision-making
    3. Setting Goals

Additional special information (special fees, directives on hazardous materials, etc.)

Transfer Information: (Please list colleges/majors that accept this course in transfer.)
May transfer as an intro to Psychology course at CSS. Otherwise transfers as elective credits

Approvals:

Body	Representative Signatures	Date
Curriculum Committee		

Faculty Association		
Meet and Confer		
Chief Academic Officer		

Distribution: Original – Administrative Office, Library, Learning Center, Records, Student Services, Curriculum Committee Chair