MESABI RANGE COMMUNITY & TECHNICAL COLLEGE – VIRGINIA/EVELETH

Course Outline

Course Title:	**GOALS CLARIFICATION**	**Submitted By:**	**Donnie Gordon**
Semester Course Prefix and Number:	**PSYC 0096**	**Approval Date:**	**December 2003**
Old Quarter Course Prefix and Number:		**Revision Date:**	**May 2003**

Number of Credits:	**1**	**Number of Lecture Credits:**	**1**
Semester(s) Offered:		**Number of Lab Credits:**	**Number of Lab Hours:**
Negotiated Class Size:		**Number of Studio/Demonstration/Internship Credits:**	

Course Purpose Code:

__X__ **0 –** Developmental Courses
_____ **1 –** Non-transferable, General Education
_____ **2 –** Technical course related to career programs
_____ **3 –** College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)
_____ **4 –** Other college course not considered a part of general education (MNTC) e.g. computer science, health, physical education
_____ **5 –** Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements.
_____ **9 –** Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

Catalog Description:
This course is designed for those students who have been readmitted to school after academic suspension. The two main goals of the course are to: (a) monitor the academic progress of each student according to the terms his/her readmission contract; (b) focus on factors that lead to suspension, future academic goals and ways to achieve those goals. Topics will include: attitudes, behaviors, self-discipline, locus of control, procrastination, accountability, decision-making, and goal setting.

Prerequisites and/or recommended entry skills/knowledge:
Course Prerequisite(s): Instructor permission to enroll in course
Reading Prerequisite:
Composition Prerequisite:
Mathematics Prerequisite:

Career Programs and Transfer Majors Accessing this Course:

None

Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable: Notes: No more than two goals may be met by any one course. (Curriculum Committee review and the Chief Academic Officer's approval are required).

0. **X** None
6. _____ The Humanities and Fine Arts

1. _____ Communications
2. _____ Critical Thinking
3. _____ Natural Sciences
4. _____ Mathematical/Logical Reasoning
5. _____ History and the Social and Behavioral Sciences
7. _____ Human Diversity
8. _____ Global Perspectives
9. _____ Ethical and Civic Responsibility
10. _____ People and the Environment

Learning outcomes, including any relevant competencies listed in the Minnesota Transfer Curriculum:

Students will be able to assess the attitudes and behaviors that led to academic failure and suspension.
Students will develop an understanding of the role played by their locus of control and decision-making methods.
Students will learn ways to overcome procrastination and improve self-discipline.
Students will demonstrate accountability by increased class attendance and improved grades in their classes.
Students will learn to set, develop and implement goals.

Student assessment methods:
Class attendance, class participation, completion of assignments, and improved academic progress during the course of the semester, verified by bi-weekly grade checks.

Use of instructional technology (includes software, interactive video and other instructional technologies):

Outline of the major course content:

Attitudes
Self-talk
Decision-making
Personal behavior and responsibility
Developing self-discipline
Predominant locus of control
Procrastination: identifying and overcoming
Developing accountability
Developing and implementing realistic goals

Additional special information (special fees, directives on hazardous materials, etc.)

Transfer Information: (Please list colleges/majors that accept this course in transfer.)
None

Approvals:

Body	Representative Signatures	Date
Curriculum Committee	Donnie Gordon	March 27, 2003
Faculty Association		
Academic Affairs Standards Committee	Kim Giermann	December 3, 2003

Chief Academic Officer	Dr. Jill Peterson	December 9, 2003

Distribution: Original – Administrative Office
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