MESABI RANGE COMMUNITY & TECHNICAL COLLEGE – VIRGINIA/EVELETH

Course Outline

Course Title:	**Practical Parenting**	**Submitted By:**	**Jim Cagle**
Semester Course Prefix and Number:	**SSS 1445**	**Approval Date:**	**10/10/02**
Old Quarter Course Prefix and Number:	**SOC 1466**	**Revision Date:**	**January 2002**

Number of Credits: **1** **Number of Lecture Credits:** **1**

Semester(s) Offered: **Number of Lab Credits:** **Number of Lab Hours:**

Negotiated Class Size: **Number of Studio/Demonstration/Internship Credits:**

Course Purpose Code:

_____ **0 –** Developmental Courses
_____ **1 –** General Studies (Eveleth Campus only)
_____ **2 –** Technical course related to career programs
_____ **3 –** College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)
__X__ **4 -** Other college course not considered a part of general education (MNTC) e.g. computer science, health, physical education
_____ **5 –** Course which is intended to fulfill general education, Minnesota Transfer Curriculum (MNTC) requirements.
_____ **9 –** Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

Catalog Description:

Students will learn and practice specific parenting techniques designed to teach responsibility and focus on self esteem of the child while, at the same time, increasing the parents' understanding of their own needs and rights. This course is only open to Student Support Services (REACH) students.

Prerequisites and/or recommended entry skills/knowledge:

Course Prerequisite(s): None
Reading Prerequisite: None
Composition Prerequisite: None
Mathematics Prerequisite: None

Career Programs and Transfer Majors Accessing this Course:

Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable: Notes: No more than two goals may be met by any one course. (Curriculum Committee review and the Chief Academic Officer's approval are required).

0. __X__ None
1. _____ Communications
2. _____ Critical Thinking
3. _____ Natural Sciences
4. _____ Mathematical/Logical Reasoning
5. _____ History and the Social and Behavioral Sciences
6. _____ The Humanities and Fine Arts
7. _____ Human Diversity
8. _____ Global Perspectives
9. _____ Ethical and Civic Responsibility
10. _____ People and the Environment

Learning outcomes, including any relevant competencies listed in the Minnesota Transfer Curriculum:

1. Make students aware of how they were parented and of current barriers to effective parenting.
2. Discuss relationships between parents/caregivers and how they affect parenting.
3. Enable students to describe the differences between permissive, authoritative, and autocratic parenting.
4. Encourage students to practice reflective listening and the use of messages.
5. Teach students the pros and cons of rewards and punishment, natural and logical consequences.
6. Give students practice in dealing with various problems of parenting.

Student assessment methods:

Class attendance/participation.
Reaction paper.

Use of instructional technology (includes software, interactive video and other instructional technologies):

Video tapes: 1-2-3 Magic
Negative Behavior: Positive Discipline

Outline of the major course content:

Course content will include a comparison of the parenting techniques and relationships, a discussion of communication between parent and child, videos and discussion on discipline, and extensive time spent practicing learned skills and discussing individual problem areas.

Additional special information (special fees, directives on hazardous materials, etc.)

Transfer Information: (Please list colleges/majors that accept this course in transfer.)
Transfers as elective credits only

Approvals:

Body	Representative Signatures	Date

Curriculum Committee		
Faculty Association		
Meet and Confer		
Chief Academic Officer		

Distribution: Original – Administrative Office, Library, Learning Center, Records, Student Services, Curriculum Committee Chair