MESABI RANGE COMMUNITY & TECHNICAL COLLEGE – VIRGINIA/EVELETH

Course Outline

Course Title:	**Power Communication Skills**	**Submitted By:**	**Jim Cagle**
Semester Course Prefix and Number:	**SSS 1475**	**Approval Date:**	**10/10/02**
Old Quarter Course Prefix and Number:	**SPCH 301**	**Revision Date:**	**January 2002**

Number of Credits: **1** **Number of Lecture Credits:** **1**

Semester(s) Offered: **Number of Lab Credits:** **Number of Lab Hours:**

Negotiated Class Size: **Number of Studio/Demonstration/Internship Credits:**

Course Purpose Code:

_____ **0 –** Developmental Courses
_____ **1 –** General Studies (Eveleth Campus only)
_____ **2 –** Technical course related to career programs
_____ **3 –** College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)
__X__ **4 -** Other college course not considered a part of general education (MNTC) e.g. computer science, health, physical education
_____ **5 –** Course which is intended to fulfill general education, Minnesota Transfer Curriculum (MNTC) requirements.
_____ **9 –** Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

Catalog Description:

This workshop provides students with an opportunity to assess their personal communication styles and learning skills to enhance their abilities to communicate effectively. Students will explore the dynamics of conflict resolution, anger management, assertive communication, and sex-role stereotypes as they apply to communication. This course is only open to Student Support Services (REACH) participants.

Prerequisites and/or recommended entry skills/knowledge:

Course Prerequisite(s): None
Reading Prerequisite: None
Composition Prerequisite: None
Mathematics Prerequisite: None

Career Programs and Transfer Majors Accessing this Course:

Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable: Notes: No more than two goals may be met by any one course. (Curriculum Committee review and the Chief Academic Officer's approval are required).

0. **X** None
1. ____ Communications
2. ____ Critical Thinking
3. ____ Natural Sciences
4. ____ Mathematical/Logical Reasoning
5. ____ History and the Social and Behavioral Sciences
6. ____ The Humanities and Fine Arts
7. ____ Human Diversity
8. ____ Global Perspectives
9. ____ Ethical and Civic Responsibility
10. ____ People and the Environment

Learning outcomes, including any relevant competencies listed in the Minnesota Transfer Curriculum:

- Explore personal communication styles and learning skills.
- Explore conflict resolution skills.
- Learn and practice the difference between aggressive and assertive communication.
- Discuss sex-role stereotypes as they relate to communication.

Student assessment methods:

- Attendance/participation in class.
- Reaction paper.

Use of instructional technology (includes software, interactive video and other instructional technologies):

- Videos

Outline of the major course content:

- Student will have an opportunity to explore their communication styles, listening and speaking.
- Explore methods of anger management.
- Practice the use of assertive versus aggressive communication.
- Research sex-role stereotypes as they relate to communication.

Additional special information (special fees, directives on hazardous materials, etc.)

Transfer Information: (Please list colleges/majors that accept this course in transfer.)
Transfers as elective credits only

Approvals:

Body	Representative Signatures	Date

Curriculum Committee		
Faculty Association		
Meet and Confer		
Chief Academic Officer		

Distribution: Original – Administrative Office, Library, Learning Center, Records, Student Services, Curriculum Committee Chair