

A.A. Program Planner with Emphasis in Exercise Science

*These are suggested courses—please check with the transfer institution for transfer equivalencies.

		Course Number	Course Name	Credits
Goal 1	1	ENGL 1511	College Writing I	4
	2	ENGL 1512	College Writing II	4
	3	SPCH 1565	Interpersonal Communication	3
Goal 3	1	BIOL 1551	College Biology I	5
	2	CHEM 1511	Fundamentals of Chemistry	4
Goal 4	1	MATH 1521	College Algebra	4
Goal 5	1	Any course that	cross-lists with GOAL 8	3 or 4
	2	PSYC 2551	General Psychology	4
	3	SOC 1555	Intro to Sociology	3
Goal 6	1	PHIL 1551	Intro to Ethics	3
	2	ENGL 2515	Native American Literature	3
	3	Any from	Creative Process Section	3
Goal 7	1	SOC 1555	Cross-list from GOAL 5	0
Goal 8	1	Any course that	cross-lists from GOAL 5	0
Goal 9	1	PHIL 1551	Cross-list from GOAL 6 (1)	0
Goal 10	1	ENGL 2515	Cross-list from GOAL 6 (2)	0
Total Credits *Minimum 40 credits				43 or 44

Other Requirements

Course Number	Course Name	Credits
PSYC 1415	Freshman Year Experience	1
PHED 1418	Physical Fitness	1
PHED 1415	Weight Training	1
HLTH 1459	Intro to Wellness	3

Electives

BIOL 2551	Human Anat & Phys I	4
BIOL 2552	Human Anat & Phys II	4
HLTH 2459	Intro to Nutrition	3
HLTH 1657	Responding to Emergencies	2
HLTH 1415	Treatment of Sports Injuries	3
PHED 2426	Psychology of Sport & Physical Activity	3
PHED 2425	Social & Ethical Aspect of Sport & Physical Activity	3
PHED 2417	Exercise & Fitness Assessment	3
PHED 2416	Current Issues in Exercise Science	3
PHED 2418	Group & Individual Exercise Instruction	3
PHED 2415 or PHED 1489	Intro to Exercise Science Intro to Physical Education	3
Total Credits *Minimum of 60 for A.A. Degree		

