Nursing
Intro to Nursing (CNA)

CERTIFIED NURSING ASSISTANT/HOME HEALTH AIDE

The Nursing Assistant (NA)/Home Health Aide (HHA) program is approved by the Department of Health in Minnesota. It prepares students for jobs in a variety of health care settings such as nursing homes, semi-independent living facilities, hospitals, group homes and home care agencies. Responsibilities include such skills as personal care, positioning, transferring, vital signs and documentation.

This course consists of lecture, lab, text work, group activities and hands-on clinical experience in a long-term setting.

Upon completion of the course, students are eligible to take the Minnesota State Competency Examination. This test is offered at the end of the class. Successful completion of this test allows students to be certified and placed on the Nursing Assistant/Home Health Aide Registry for the State of Minnesota.

The Nursing Assistant/Home Health Aide program is offered during the fall, spring and summer semesters.

Register Today!

www.mesabirange.edu

Enrollment Office - Eveleth Campus
1100 Industrial Park Dr., Eveleth, MN 55734-0648
218-744-7506 • 800-657-3860

This document is available in alternative formats to individuals with disabilities by email — t.anderson@mnr.mnscu.edu or calling the Minnesota Relay Service at 1-800-627-3529.
## Theory of Course

- Introduction to health care
- Resident’s need for psycho-social adjustments
- Resident's need for a clean, safe and comfortable environment
- Resident's need for skin care
- Nursing assistant competencies
- Resident's need for rest and sleep
- Resident's need for communication
- Resident’s need for activity and exercise
- Resident's need for nourishment
- Resident's need for comfort
- Home health care

## Clinical

- Students will be assigned 3-4 days of resident care in a long term facility at the completion of course work.
- Evening care
- Morning care
- Related patient care
- Home health care

- Completion of this course will entitle the student to take the Minnesota State Competency Examination. The test is offered at the end of the class.
- Successful completion of this test allows students to be certified and placed on the Nursing Assistant/Home Health Aide registry for the State of Minnesota.

* This course is part of the Practical Nursing Program and must be completed prior to semester II of the Practical Nursing Program.