# Course Outline

<table>
<thead>
<tr>
<th>Course Title:</th>
<th>Introduction to Nursing</th>
<th>Submitted By:</th>
<th>Kathy Bradach</th>
</tr>
</thead>
<tbody>
<tr>
<td>Semester Course Prefix and Number:</td>
<td>NUNA 1211</td>
<td>Approval Date:</td>
<td></td>
</tr>
<tr>
<td>Old Quarter Course Prefix and Number:</td>
<td></td>
<td>Revision Date:</td>
<td>April 2014</td>
</tr>
<tr>
<td>Number of Credits:</td>
<td>3</td>
<td>Number of Lecture credits:</td>
<td>1</td>
</tr>
<tr>
<td>Semester(s) Offered:</td>
<td></td>
<td>Number of Lab Credits:</td>
<td>2</td>
</tr>
<tr>
<td>Class Size:</td>
<td></td>
<td>Number of Lab Hours:</td>
<td></td>
</tr>
<tr>
<td>Negotiated by AASC on:</td>
<td></td>
<td>Number of Studio/Demonstration/Internship Credits:</td>
<td></td>
</tr>
<tr>
<td>Course Purpose Code:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>____ 0 – Developmental Courses</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>____ 1 – Non-transferable</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>____ 2 – Technical course related to career programs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>____ 3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>____ 4 – Other college course not considered a part of MNTC (e.g. computer science, health, physical education)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>____ 5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements or intended for transfer.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>____ 9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Catalog Description:**
This course covers the introductory skills of nursing. The units of instruction include maintaining a safe and clean environment, communication, meeting basic human needs, providing personal care, activity and exercise, assisting with nutrition and elimination needs, and caring for clients with special equipment or procedures. The course teaches the student to be able to perform these skills in a long-term care or healthcare facility. Instruction is provided through lecture, video, and instructor demonstration. The students are given guided practice time in the lab then must give return demonstrations of the skills learned. The students will experience practical application of the skills learned by participating in a clinical experience at the end of the course.

**Prerequisites and/or recommended entry skills/knowledge:**
- Course Prerequisite(s): none
- Reading Prerequisite: none
- Composition Prerequisite: none
- Mathematics Prerequisite: none

**Career Programs and Transfer Majors Accessing this Course:**
Practical Nursing, Registered Nursing and other healthcare careers
Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable:
(Notes: No more than two goals may be met by any one course. AASC review and the Chief Academic Officer's approval are required.)

0. X None
1. Communications
2. Critical Thinking
3. Natural Sciences
4. Mathematical/Logical Reasoning
5. History and the Social and Behavioral Sciences
6. The Humanities and Fine Arts
7. Human Diversity
8. Global Perspectives
9. Ethical and Civic Responsibility
10. People and the Environment

Learning Outcomes: (including any relevant competencies listed in the MinnesoDta Transfer Curriculum)

Upon completion of this course, the student will be able to:

Describe roles and responsibilities of the Nursing Assistant
Describe principles of body mechanics and infection control
Demonstrate proper safety and infection control techniques
Identify and use effective communication techniques
Discuss the responsibilities of record keeping
Describe the basic human needs and identify coping mechanisms used with grief and loss
Describe and identify skills associated with activities of daily living
Describe principles of rehabilitation and restoration
Demonstrate skills related to activity and exercise
Discuss principles of nutrition and its effects
Explain principles of bowel and bladder management programs
Demonstrate skills for assisting with elimination
Accurately obtain/measure and record vital signs and measurements
Describe importance of the role within the interdisciplinary team
Describe principles of mental health and behavior
Demonstrate a professional attitude
Identify organizational skills

Assessment Methods:
Written tests, skills check-offs, clinical training and assessment according to criteria set by the MN Department of Health

Use of Instructional Technology: (includes software, interactive video and other instructional technologies):
Videos, Mannequins, simulation equipment

Additional Special Information: (special fees, directives on hazardous materials, etc.)
Fees for certification testing

Transfer Information: (Please list colleges/majors that accept this course in transfer.)

Affiliated Mesabi Range College Courses and Programs:
Nursing

Approvals:

<table>
<thead>
<tr>
<th>Body</th>
<th>Representative Signatures</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Faculty Association</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Academic Affairs Standards Committee</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chief Academic Officer</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Distribution: Original – Instructional Services
Copies: Transfer Specialist, Originating Faculty Member, Records
Revised: December 2012