Course Outline

Course Title: Introduction to Home Health Aide
Submitted By: Kathy Bradach

Semester Course Prefix and Number: NUNA 1212
Approval Date: April 2014

Old Quarter Course Prefix and Number:
Revision Date:

Number of Credits: 1
Number of Lecture credits: 1
Number of Lab Credits: Number of Lab Hours:

Semester(s) Offered: Class Size: 20
Negotiated by AASC on: (date)

Course Purpose Code:

- 0 – Developmental Courses
- 1 – Non-transferable
- X 2 – Technical course related to career programs
- 3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)
- 4 – Other college course not considered a part of MNTC (e.g. computer science, health, physical education)
- 5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements or intended for transfer.
- 9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

Catalog Description:
This course covers the introductory skills of nursing. The units of instruction include maintaining a safe and clean environment, communication, meeting basic human needs, providing personal care, activity and exercise, assisting with nutrition and elimination needs, and caring for clients with special equipment or procedures. The course teaches the student to be able to perform these skills in a home environment. Instruction is provided through lecture, video, and instructor demonstration. This is an elective add on course to the 3 credit Nursing assistant course. At completion of this course- added to the 3 credit course, the student will be eligible to take the combination NA/HHA certification exam.

Prerequisites and/or recommended entry skills/knowledge:
Course Prerequisite(s): NUNA 1211
Reading Prerequisite: none
Composition Prerequisite: none
Mathematics Prerequisite: none

Career Programs and Transfer Majors Accessing this Course:
Practical Nursing, Registered Nursing and other healthcare careers

Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable:
(Notes: No more than two goals may be met by any one course. AASC review and the Chief Academic Officer's approval are required.)

0. X None
1. _____ Communications
2. _____ Critical Thinking
3. _____ Natural Sciences
4. _____ Mathematical/Logical Reasoning
5. _____ History and the Social and Behavioral Sciences
6. _____ The Humanities and Fine Arts
7. _____ Human Diversity
8. _____ Global Perspectives
9. _____ Ethical and Civic Responsibility
10. _____ People and the Environment
**Learning Outcomes:** (including any relevant competencies listed in the Minnesota Transfer Curriculum)

Upon completion of this course, the student will be able to:

- Describe roles and responsibilities of the Nursing Assistant in the Home setting
- Describe principles of body mechanics and infection control
- Demonstrate proper safety and infection control techniques
- Identify and use effective communication techniques
- Discuss the responsibilities of record keeping as applies to Home care
- Describe the basic human needs and identify coping mechanisms used with grief and loss
- Describe and identify skills associated with activities of daily living
- Describe principles of rehabilitation and restoration
- Demonstrate skills related to activity and exercise
- Discuss principles of nutrition and its effects
- Explain principles of bowel and bladder management programs
- Demonstrate skills for assisting with elimination
- Accurately obtain/measure and record vital signs and measurements
- Describe importance of the role in the care team and proper ways to contact supervisor from remote sites
- Describe principles of mental health and behavior
- Demonstrate a professional attitude
- Identify organizational skills

**Assessment Methods:**
Written tests, skills review

**Use of Instructional Technology:** (includes software, interactive video and other instructional technologies):
Videos, Mannequins, simulation equipment

**Additional Special Information:** (special fees, directives on hazardous materials, etc.)
Fees for certification testing

**Transfer Information:** (Please list colleges/majors that accept this course in transfer.)

**Affiliated Mesabi Range College Courses and Programs:**
Nursing

**Approvals:**

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**Distribution:** Original – Instructional Services

**Copies:** Transfer Specialist, Originating Faculty Member, Records

**Revised:** December 2012