Course Title: Beginning Snowboarding

Semester Course Prefix and Number: PHED 1421

Old Quarter Course Prefix and Number: PE 102

Number of Credits: 1

Semester(s) Offered: Negotiated Class Size:

Number of Lecture Credits: 1

Number of Lab Credits: 1

Number of Lab Hours: 2

Number of Studio/Demonstration/Internship Credits:

Course Purpose Code:

0 – Developmental Courses

1 – Non-transferable, General Education

2 – Technical course related to career programs

3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)

4 – Other college course not considered a part of general education (MNTC) e.g. computer science, health, physical education

5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements.

9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

Catalog Description:
This course provides basic skills for lifelong participation in snowboarding. This class will begin at the non-snowboarding level and progress through parallel turns. The class will meet at Giant's Ridge Ski Resort, one day a week for eight weeks (2 hour sessions).

Prerequisites and/or recommended entry skills/knowledge:

Course Prerequisite(s): None

Reading Prerequisite: None

Composition Prerequisite: None

Mathematics Prerequisite: None

Career Programs and Transfer Majors Accessing this Course:

Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable: Notes: No more than two goals may be met by any one course. (Curriculum Committee review and the Chief Academic Officer's approval are required).

0. X None
1. Communications
2. Critical Thinking
3. Natural Sciences
4. Mathematical/Logical Reasoning
5. History and the Social and Behavioral Sciences
6. The Humanities and Fine Arts
7. Human Diversity
8. Global Perspectives
9. Ethical and Civic Responsibility
10. People and the Environment
Learning outcomes, including any relevant competencies listed in the Minnesota Transfer Curriculum:
The student will:

- Know what is necessary in equipment, skill, and habits to be a safe snowboarder
- Progress from the beginner to parallel turns
- Understand various snow conditions and terrain
- Develop an understanding of how to purchase, adjust, and use equipment

Student assessment methods:
Attendance Standards
A - no absence
B - 1 absence
C - 2 absences
D - 3 absences
E - 4 absences

Skill performance
Written test
20 hours snowboarding outside of class
Journal

Use of instructional technology (includes software, interactive video and other instructional technologies):
Giant’s Ridge Instructors

Outline of the major course content:
Selecting and fitting equipment
Walk and turn on the flat
Beginning parallel turns
Down hill and turning skills
Adjusting to snow changes and variations in terrain

Additional special information (special fees, directives on hazardous materials, etc.)
Lab fees cover the cost of the ski tow. Students must own or rent equipment.

Transfer Information: (Please list colleges/majors that accept this course in transfer.)

Approvals:

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