Course Outline

Course Title: Intermediate Downhill Skiing

Semester Course Prefix and Number: PHED 1468
Old Quarter Course Prefix and Number: 103

Number of Credits: 1
Number of Lecture Credits: 1
Number of Lab Credits: 1
Number of Lab Hours: 1
Number of Studio/Demonstration/Internship Credits: 0

Semester(s) Offered: Negotiated Class Size: 0

Catalog Description:
This course presents basic skills needed for lifelong participation in skiing. The class focuses on the advanced skills and techniques of downhill skiing. Technique and skill development in traversing, turning, speed control, and stopping will be included. This course is geared to those with skiing experience, with students having mastered beginning skiing skills. The class will meet at Giants Ridge Ski Resort.

Prerequisites and/or recommended entry skills/knowledge:
Course Prerequisite(s): None
Reading Prerequisite: None
Composition Prerequisite: None
Mathematics Prerequisite: None

Career Programs and Transfer Majors Accessing this Course:

Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable: Notes: No more than two goals may be met by any one course. (Curriculum Committee review and the Chief Academic Officer's approval are required).

0. None 6. The Humanities and Fine Arts
1. Communications 7. Human Diversity
2. Critical Thinking 8. Global Perspectives
3. Natural Sciences 9. Ethical and Civic Responsibility
5. History and the Social and Behavioral Sciences
Learning outcomes, including any relevant competencies listed in the Minnesota Transfer Curriculum:
The student will:

- Learn to control skiing turns in varying radius and speed
- Understand how to evaluate, adjust, and properly use equipment
- Understand and apply safety procedure in skiing
- Control skis on difficult terrain and varying snow conditions
- Understand how to get on and off the lifts safely

Student assessment methods:
Attendance Standards
A - no absence, 2 assignments
B - 1 absence, 1 assignment
C - 2 absences, no assignment
D - limit of 3 absences
F - 4 absences

Optional Assignments:
1. Journal
2. 20 hrs. skiing out of class
3. Skill test
4. Report
5. Art
6. Photography

Use of instructional technology (includes software, interactive video and other instructional technologies):
Video

Outline of the major course content:
Beginning parallel turns
Medium radius turns
Dynamic parallel turns
Skiing the bumps
Control skis on difficult terrain and varying snow conditions

Additional special information (special fees, directives on hazardous materials, etc.)
Lab fees cover the cost of the ski tow or must have a season ticket.
Students must own or rent equipment.

Transfer Information: (Please list colleges/majors that accept this course in transfer.)

Approvals:

<table>
<thead>
<tr>
<th>Body</th>
<th>Representative Signatures</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Curriculum Committee</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Faculty Association</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meet and Confer</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chief Academic Officer</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Distribution: Original – Administrative Office, Library, Learning Center, Records, Student Services, Curriculum Committee Chair