# Course Outline

**Course Title:** Psychology of Aging  
**Semester Course Prefix and Number:** PSYC 2555  
**Old Quarter Course Prefix and Number:** PSYC 227  
**Submitted By:** Tym Petron  
**Approval Date:** December 2008  
**Number of Credits:** 3  
**Semester(s) Offered:** Fall  
**Class Size:** 40  
**Negotiated by AASC on (Date):**

### Catalog Description:
This course provides an overview of the developmental period from early adulthood through death, with an in-depth emphasis of the theories of adult change or development. The following areas are included: personal maturity, psychological concerns of the aged, counseling the elderly, and how to deal with grieving and death.

### Prerequisites and/or recommended entry skills/knowledge:
- **Course Prerequisite(s):** PSYC 2551
- **Reading Prerequisite:**
- **Composition Prerequisite:**
- **Mathematics Prerequisite:**

### Career Programs and Transfer Majors Accessing this Course:
- Human Services, Nursing and Psychology

### Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable:
- Notes: No more than two goals may be met by any one course. (Curriculum Committee review and the Chief Academic Officer’s approval are required).

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<td>Communications</td>
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<td>Natural Sciences</td>
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<td>Mathematical/Logical Reasoning</td>
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<td>History and the Social and Behavioral Sciences</td>
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<td>The Humanities and Fine Arts</td>
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<td>Human Diversity</td>
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<td>Global Perspectives</td>
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<td>Ethical and Civic Responsibility</td>
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<td>People and the Environment</td>
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Learning outcomes, including any relevant competencies listed in the Minnesota Transfer Curriculum.
Curriculum:
Students are expected to have a clear understanding of:
1. The psychological development and problems associated with this development in the aging American
2. The physiological processes involved with aging and how they affect ability to function physically and intellectually.
3. The specific theories on working with the aging in a diagnostic and treatment setting.
4. Knowledge required concerning death and dying, including the grieving process.
5. Knowledge required concerning medical treatment and drugs commonly prescribed for the aging and the consequences involved.

Student assessment methods:
Tests
Final Exam
Major Project
Theory Paper

Use of instructional technology (includes software, interactive video and other instructional technologies):
Power Point and possibly on-line or blended instruction

Outline of the major course content:
1. Assumptions, definitions and methods
2. Starting points continuities though adulthood
3. Theories of adult change and development
4. Physical and health changes in adulthood
5. Intellectual changes in adulthood
6. Sex roles and family roles over the adult years
7. Development of relationships in adulthood
8. Work and work roles in adulthood
9. Changes in personality, motivation and values over the adult years
10. Spiritual development and the search for meaning
11. Death and dying
12. Testing

Additional special information (special fees, directives on hazardous materials, etc.)

Transfer Information: (Please list colleges/majors that accept this course in transfer.)
The College of St. Scholastica
University of Wisconsin-Superior
University of Minnesota-Duluth

Approvals:

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<tr>
<th>Body</th>
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<tr>
<td>Curriculum Committee</td>
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Distribution: Original – Administrative Office
Copies: Curriculum Committee Chair, Learning Center, Library, Originating Faculty Member, Records, Student Services, Scheduler, Transfer Specialist
Revised February 10, 2004