Course Title: Health, Safety, and Nutrition

Submitted By: Dawn Olson

Semester Course Prefix and Number: TAIA 1218
 Approval Date: 

Old Quarter Course Prefix and Number: EDAS 1218
Revision Date: October 2009

Number of Credits: 3  Number of Lecture Credits: 
Semester(s) Offered: Spring  Number of Lab Credits: 
Class Size: 35  Number of Lab Hours: 
Negotiated by AASC on: 

Course Purpose Code:
______ 0 – Developmental Courses  
______ 1 – Non-transferable  
______ X 2 – Technical course related to career programs  
______ 3 – College course which has the primary goal of applying certain concepts (e.g. vocal ensemble)  
______ 4 – Other college course not considered a part of MNTC (e.g. computer science, health, physical education)  
______ 5 – Course which is intended to fulfill the Minnesota Transfer Curriculum (MNTC) requirements or intended for transfer.  
______ 9 – Continuing Education/Customized Training specialized credit course (not occurring in 0-5)

Catalog Description:
This course provides focused training in recognizing and caring for child breathing and cardiac emergencies as well as basic first-aid. Environmental health and safety are addressed with an emphasis on prevention. A basic nutritional component is integrated which provides a basis for students to understand appropriate food handling and sanitation.

Prerequisites and/or recommended entry skills/knowledge:
Course Prerequisite(s):
Reading Prerequisite:
Composition Prerequisite:
Mathematics Prerequisite:

Career Programs and Transfer Majors Accessing this Course:
Human service professionals, Early Childhood and Elementary Educators, Parent Educators, Paraprofessionals, and Child Care Providers

Minnesota Transfer Curriculum Goal(s) partially met by this course if applicable:
(Notes: No more than two goals may be met by any one course. Curriculum Committee review and the Chief Academic Officer’s approval are required.)

0. _____ None
1. _____ Communications
2. _____ Critical Thinking
3. _____ Natural Sciences
4. _____ Mathematical/Logical Reasoning
5. _____ History and the Social and Behavioral Sciences
6. _____ The Humanities and Fine Arts
7. _____ Human Diversity
8. _____ Global Perspectives
9. _____ Ethical and Civic Responsibility
10. _____ People and the Environment

Learning Outcomes: (including any relevant competencies listed in the Minnesota Transfer Curriculum)
Upon completion of this course, the student will be able to:

- Recognize child breathing, cardiac, and first-aid emergencies and be able to respond appropriately
- Provide an environment free of hazardous conditions and unsafe materials and equipment
- Plan and serve well-balanced and nutritious meals and snacks
- Identify where to obtain resources regarding planning for special dietary needs
- Demonstrate how to appropriately handle and serve food using sanitary practices

**Student Assessment Methods:**

Examinations
Lesson Plans
Demonstration
Practicum at the Salvation Army Supper Club

**Use of Instructional Technology:** (includes software, interactive video and other instructional technologies):
- D2L Instructional Format
- Power Point

**Outline or Statement of Major Course Content:**

- Provide a hazard free environment both indoors and outdoors
- Choose appropriate equipment and materials (recognizing potential for danger, use choking tubes, Ages & Stages for toys, and understand Material Safety Data Sheets)
- Recognize cardiac, breathing, and first-aid emergencies
- Respond to cardiac, breathing, and first-aid emergencies appropriately
- Basic dietary needs/serving sizes for children
- Appropriate food storage, handling, and serving techniques
- Menu planning and meal serving
- Sanitation

**Additional Special Information:** (special fees, directives on hazardous materials, etc.)

**Transfer Information:** (Please list colleges/majors that accept this course in transfer.)

**Approvals:**

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**Distribution:** Original – Administrative Office
**Copies:** Curriculum Committee Chair, AASC Chair, Transfer Specialist, Originating Faculty Member, Scheduler, Records
**Revised:** May 2009